

## **Baw Baw L2P Program Volunteer Mentor Training**

### **What to expect in training:**

- Three Sessions over three weeks:
  - Two weeknights and a Saturday
  - 8 hours in total
- Delivered by a qualified VicRoads facilitator
- Provides information, strategies and skills practice
- Caters for different learning styles
- Sessions are interactive, practical and inclusive
- Encourages group activities and volunteers getting to know one another
- Opportunity for volunteers to determine if they are suited to the role of supervising driver/ mentor

### **Training Content and Outline:**

#### **Session 1: Setting the Scene**

- Background and rationale for L2P
- Young driver safety
- The young people in your program
- Practical issues: “nuts and bolts” of how the program works; overview and your program

#### **Session 2: Coaching and Supervising Learner Drivers**

- The four stages of the learner period
- Role of coach in L2P
- Working with your learner
- How your voice, language and manner influence young people
- Providing feedback
- Managing interpersonal and in-car issues with the learner

#### **Session 3: Bringing it all together** (Volunteers participate in an actual driving session with the trainer)

- Plan, prepare and demonstrate supervising a drive session with a learner driver in your local area
- Individual feedback (written) for mentors from VicRoads Trainer
- Strategies to deal with potential situations during drive sessions
- Road rules knowledge
- Learner Log Book requirements